



Active Women Upcoming Events

Join Active Women and take advantage of an extensive list of discounts at local restaurants, hotels and retail shops. "Active Women" also receive free 24-hour access to a registered nurse by phone and advanced registration for special events. Any woman age 21 or older can join Active Women and membership is free. Visit www.carolinasmedicalcenter.org/active to sign up today.

You are invited to attend our upcoming Active Women events. Admission is free to all events and light refreshment will be provided. Registration is required for all events and can be made by calling 877-667-2525.

6-7 p.m. Tuesday, May 18 – HPV and Your Daughter

Leeya Pinder, MD, and Glen Powell, MD, discuss the connection between HPV and cervical cancer, and the impact the HPV vaccine may have on your daughter's present and future health. Light refreshments will be served. This event will be held at the Greater Carolinas Women's Center located at 10545 Blair Road, Suite 3100 in Mint Hill. The presentation will be held in the reception area located on the 3rd floor.

6:30-7:30 p.m. Thursday, June 10 – A Woman's Journey to Self Discovery

Join Betty Reynolds, a personal, money and life coach, as she leads a discussion on how to help women succeed when facing career, relationship, money and family caregiving challenges. Light refreshments will be served. This event will be held in the CMC-Steele Creek Community Room located at 13640 Steelescroft Parkway in Charlotte at Hwy. 49 (Tryon Street) and Hwy. 160 (Steele Creek Road).

6:30-8 p.m. Tuesday, July 13 – Nutritional Cooking Class at Johnson & Wales University

Join Chef Susan Batten, Associate Instructor for the College of Culinary Arts, for a nutritional cooking demonstration and reception. This event will be held in the Johnson & Wales University Event Center/Auditorium located at 801 W. Trade St. in Charlotte. Parking is available in the Cedar Street parking deck. Please note that parking is not free; you will be responsible for payment. Seating is limited for this special event.

Active Women

A Membership Group For and About Women